



2011 AREA K ELIMINATIONS FOR THE U.S. SINGLEHANDED MEN'S AND WOMEN'S SAILING CHAMPIONSHIPS

Held in Conjunction with:

2011 White Bear Laser Invitational Regatta

**May 13th (Friday) to May 15th (Sunday), 2011
White Bear Yacht Club - White Bear Lake, MN**

SAILING INSTRUCTIONS

1 RULES

This event will be governed by the 2009-2012 Racing Rules of Sailing (RRS), including US Sailing Prescriptions, the Rules of the International Laser Class Association, the Regatta NOR, and these Sailing Instructions. In the event of a conflict between the Sailing Instructions and other governing rules, the Sailing Instructions will take precedence.

Exception to ILCA rules: for sailors not competing in the Area K Eliminations, non Laser Class certified "practice" sails may be used.

2 ENTRIES

Competitors may enter by completing an entry form and paying the entry fee [\$35 Adults, \$25 Juniors (<18), \$5 Credit for US Sailing Members] at regatta headquarters (WBYC Sailors House) prior to the Skipper's meeting.

The Area K Eliminations Regatta is open to Laser Full Rig for the Men's Elimination and to Laser Radial Rig for the Women's Elimination. Competitors must be at least age 16 in calendar year 2011. Declaration of intent to race and be scored for the Area K Elimination must be made prior to the Skipper's meeting.

The White Bear Laser Invitational Regatta is open to all Laser sailors in Full, Radial, and 4.7 rigs.

3 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located at the Sailors House. Changes to these Sailing Instructions or the schedule of races will be posted on the official notice board and accompanied by a sound signal.

4 SIGNALS MADE ASHORE

Signals made ashore will be displayed on the WBYC race committee boat at or near the WBYC main "Y" dock. If a postponement is signaled ashore, the warning signal will be made not less than 30 minutes after flag AP is lowered.

5 SCHEDULE

Friday, May 13	17:00 to 21:00	Registration
	19:00	Practice Race
Saturday, May 14	08:00	Registration and Rigging
	09:30	Skippers Meeting and Launch
	10:15	Warning Signal - 1st Race
	12:00	Lunch (possibly On the Water)
	13:00 - 15:30	Racing Continues
Sunday, May 15	17:00	Social Gathering
	09:30	Launch
	10:00	Warning Signal
	12:00	Lunch (possibly On the Water)
	15:30	Awards and Refreshments

6 RACING AREA

The racing area will be toward the center of White Bear Lake, south and west of WBYC.

7 COURSES AND MARKS

The courses will be W (windward/leeward), G (Gold Cup), or O (Olympic) – with W courses being preferred. Leeward gates may or may not be used with the W courses. The course will be designated by a black letter (and numbers for W courses) on a white board on the starboard aft corner of the WBYC committee boat, positioned at the start line. All marks will be orange inflatable cylinders. The attached diagram shows the courses, course designations, the marks in order and the rounding direction of each mark.

8 STARTING AND FINISHING LINES; STARTING SYSTEM

The starting and finishing lines will be between the orange flag on the WBYC committee boat and the leeward mark (windward mark for an upwind finish). Please clear the finish line promptly to avoid interfering with other finishing boats.

The Sound Signal Starting System in Appendix S (3 minute sequence) of the RRS, US Prescriptions will be used with “attention” sounds 20 seconds before the 3 minute sequence begins. The I flag or Black flag (starting penalties - RRS 30.1 and 30.3) will be flown during the 3 minute sequence when in effect.

9 RECALLS

Individual recalls will be signaled. An attempt will be made to hail the boats over the start line early, but it is the responsibility of each boat to make a proper start. When a general recall has been signaled, the recalled fleet will restart immediately with a new 3 minute sequence.

10 TIME LIMIT

The time limit for each race will be 1 hour for the first boat to finish. The target time for each race will be 25 minutes.

11 PENALTIES

The penalty for breaking a rule of Part 2 shall be the Two-Turns Penalty per the RRS 44.1 and 44.2.

12 SCORING

9 races are scheduled. Scoring will be per RRS Appendix A, Low-point system – each boat’s series score will be the total of his/her race scores. If at least 5 races are completed, each boat's worst score will be excluded from her series score. One race constitutes a series.

13 SAFETY REQUIREMENTS AND CHECKIN

Competitors participate in the regatta entirely at their own risk (see RRS 4, Decision to Race). Competitors shall wear a personal flotation device (PFD) at all times when afloat, except briefly when changing or adjusting clothing or personal equipment. U.S. Coast Guard approved Type I, II, III or V wearable PFDs (life jackets) are required. Wet suits and dry suits are not personal flotation devices. This changes rule 40. Wet suits and dry suits are recommended, due to early season cold water.

Competitors are required to check in with the WBYC race committee boat prior to their first race each day, reporting their name and sail number.

14 WATER BOTTLES AND TRASH DISPOSAL

Please use non-disposable (re-usable) water bottles. Refills will be available on a support boat. Please return any trash to shore or deposit it on a support boat. Thanks for being a "green" sailor.

15 PROTESTS

All protests shall be in accordance with RRS 60. Written protests shall be delivered to the Race Officer(s) or Protest Committee at regatta headquarters within 30 minutes after the Committee Boat docks. The protest time limit, a list of protests received, and hearings will be posted on the notice board. Hearings will be held as soon as possible after racing each day at regatta headquarters.

11.1 DECISIONS OF THE PROTEST COMMITTEE

Under rule 70.5(a), there shall be no appeal of the decision of a protest or request for redress. However, a decision following a hearing under rule 69.1(a) may be appealed. E-mail and phone contact information for each boat entered and for the chairmen of the protest committee and the race committee shall be posted on the official notice board at all times during the event.

11.2 Rule 65.2 is changed as follows:

65.2 A *party* to the hearing is entitled to receive the above information in writing, provided she asks for it in writing and hand-delivers her request to a member of the protest committee no later than the protest time limit on the last day of racing or one hour after being informed of the decision, whichever is later. The committee shall then, within two hours, hand-deliver the information to the *party*, including when relevant, a diagram of the incident prepared or endorsed by the committee.

11.3 Rule 66 is changed as follows:

66. REOPENING A HEARING

66.1 A hearing may be reopened when the protest committee decides that it may have made a significant error, or when significant new evidence becomes available within a reasonable time.

66.2 The protest committee may reopen the hearing. A *party* to the hearing may ask for a reopening no later than one hour after being informed of the decision. When a hearing is reopened under rule 66.2, a majority of the members of the protest committee shall, if possible, be members of the original protest committee.

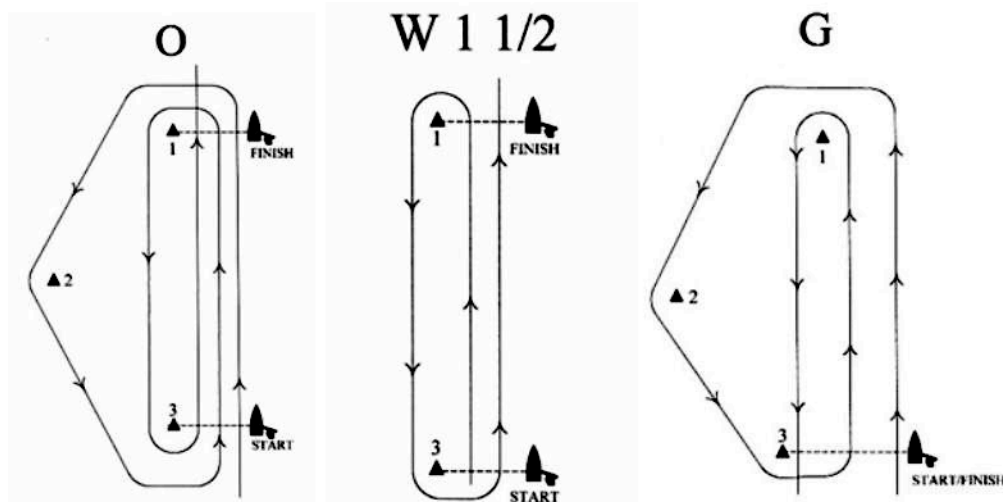
66.3 Area Elimination Reopening

(a) A *party* to a hearing of a *protest* or request for redress may request an Area Elimination Reopening. The request shall be in writing and include the significant error that the *party* believes the protest committee made or the nature of the significant new evidence that is available. The request shall be made no later than 24 hours after the hearing or 24 hours after the protest time limit on the last day of racing, whichever is later. The request, along with copies of the original *protest* or request for redress, the facts found, the decision of the protest committee, any new evidence that cannot be presented verbally, and e-mail and phone contact information for all *parties* to the hearing as well as the chairman of the protest committee, shall be sent by e-mail to the US SAILING Championships Director, LizWalker@USSAILING.org, and the US SAILING Championships Chairman, wrigs@earthlink.net.

(b) The protest committee for an Area Elimination Reopening shall consist of the chairman of the original protest committee plus four certified judges appointed by US SAILING. A majority of the committee's members shall be Senior or International Judges. US SAILING will appoint its chairman.

(c) An Area Elimination Reopening will be conducted by telephone conference call. The time and date for the conference call shall be established by the chairman as soon as practicably possible and no later than seven days after the request for reopening is e-mailed. The chairman will e-mail to the *parties* to the hearing the request for reopening, the facts found, the decision of the protest committee, the time and date of the hearing, the process for joining the call and any other relevant documents.

Course Diagrams



Olympic

Windward/Leeward

Gold Cup

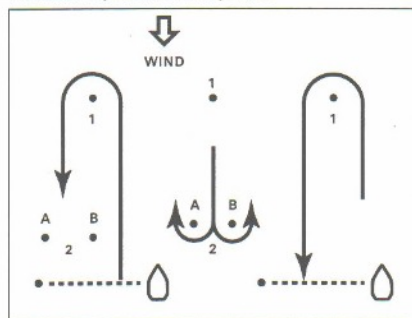
Course Designation

O

W1, W1 ½, W2, W2 ½
(possible courses)

G

Windward / Leeward w/ Gate



W2 with Gate